

Nebraska Masters State Swimming Records
Long Course Meters (LCM)
Updated July 2013

40-44 Men

Freestyle

| | | | |
|-------------|------------------------|-----------------|-------------|
| 50 | Keefe Lodwig | :25.66 | 1983 |
| 100 | Keefe Lodwig | :57.66 | 1983 |
| 200 | Keefe Lodwig | 2:12.62 | 1983 |
| 400 | Benson Meredith | 4:56.50 | 2012 |
| 800 | Chuck Simon | 10:28.53 | 2012 |
| 1500 | Benson Meredith | 18:56.98 | 2012 |

Backstroke

| | | | |
|------------|--------------------|----------------|-------------|
| 50 | Paul Watson | :28.91 | 2012 |
| 100 | Paul Watson | 1:03.36 | 2012 |
| 200 | Paul Watson | 2:20.62 | 2012 |

Breaststroke

| | | | |
|------------|--------------------|----------------|-------------|
| 50 | Rich Nolte | :33.07 | 2013 |
| 100 | David Kohll | 1:15.06 | 2007 |
| 200 | Pat Dibiase | 2:45.74 | 1997 |

Butterfly

| | | | |
|------------|---------------------|----------------|-------------|
| 50 | Keefe Lodwig | :27.56 | 1983 |
| 100 | | | |
| 200 | Chuck Simon | 3:06.31 | 2012 |

Individual Medley

| | | | |
|------------|---------------------|----------------|-------------|
| 200 | Juan Picon | 2:48.37 | 2012 |
| 400 | Brady Murphy | 5:59.58 | 2012 |