

**Nebraska Masters State Swimming Records**  
**Long Course Meters (LCM)**  
**Updated July 2013**

**50-54 Women**

**Freestyle**

<b>50</b>	<b>Carol Olson</b>	<b>:28.98</b>	<b>2012</b>
<b>100</b>	<b>Carol Olson</b>	<b>1:03.31</b>	<b>2012</b>
<b>200</b>	<b>Carol Olson</b>	<b>2:24.13</b>	<b>2012</b>
<b>400</b>	<b>Ann Kennedy</b>	<b>5:21.00</b>	<b>2012</b>
<b>800</b>			
<b>1500</b>	<b>Jane Oberg</b>	<b>26:21.70</b>	<b>1992</b>

**Backstroke**

<b>50</b>	<b>Barb Edgar</b>	<b>:38.86</b>	<b>2013</b>
<b>100</b>	<b>Barb Edgar</b>	<b>1:24.89</b>	<b>2012</b>
<b>200</b>	<b>Barb Edgar</b>	<b>3:07.46</b>	<b>2012</b>

**Breaststroke**

<b>50</b>	<b>Lynn Ingraham</b>	<b>:43.42</b>	<b>2012</b>
<b>100</b>	<b>Lynn Ingraham</b>	<b>1:35.98</b>	<b>2012</b>
<b>200</b>	<b>Lynn Ingraham</b>	<b>3:33.44</b>	<b>2012</b>

**Butterfly**

<b>50</b>	<b>Carol Olson</b>	<b>:31.42</b>	<b>2012</b>
<b>100</b>	<b>Carol Olson</b>	<b>1:14.35</b>	<b>2012</b>
<b>200</b>			

**Individual Medley**

<b>200</b>	<b>Ann Kennedy</b>	<b>2:44.95</b>	<b>2012</b>
<b>400</b>	<b>Ann Kennedy</b>	<b>6:14.66</b>	<b>2012</b>