

**Nebraska Masters State Swimming Records**  
**Long Course Meters (LCM)**  
**Updated July 2012**

**25-29 Women**

**Freestyle**

<b>50</b>	<b>Carol Olson</b>	<b>:28.86</b>	<b>1992</b>
<b>100</b>	<b>Carol Olson</b>	<b>1:01.91</b>	<b>1992</b>
<b>200</b>	<b>Carol Olson</b>	<b>2:13.01</b>	<b>1992</b>
<b>400</b>	<b>Lindsey Kline</b>	<b>5:06.11</b>	<b>2012</b>
<b>800</b>			
<b>1500</b>	<b>Cathy Copeland</b>	<b>19:31.86</b>	<b>1985</b>

**Backstroke**

<b>50</b>	<b>Carol Merryfield</b>	<b>:37.07</b>	<b>1976</b>
<b>100</b>	<b>Amanda Gregory</b>	<b>1:23.19</b>	<b>2012</b>
<b>200</b>	<b>Jean Apker</b>	<b>2:53.37</b>	<b>1989</b>

**Breaststroke**

<b>50</b>	<b>Carrie Murphy</b>	<b>:36.41</b>	<b>2012</b>
<b>100</b>	<b>Carrie Murphy</b>	<b>1:24.12</b>	<b>2012</b>
<b>200</b>	<b>Carol Merryfield</b>	<b>3:20.14</b>	<b>1976</b>

**Butterfly**

<b>50</b>	<b>Carol Olson</b>	<b>:31.66</b>	<b>1992</b>
<b>100</b>	<b>Becky Johnson</b>	<b>1:20.34</b>	<b>2012</b>
<b>200</b>			

**Individual Medley**

<b>200</b>	<b>Lindsey Kline</b>	<b>2:46.71</b>	<b>2012</b>
<b>400</b>	<b>Cathy Copeland</b>	<b>5:41.76</b>	<b>1985</b>